

November 1,
2019

WWW.SPRINGBLUFFPIRATES.COM

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Pirate News

Early Dismissal Every
Friday @2:03 pm

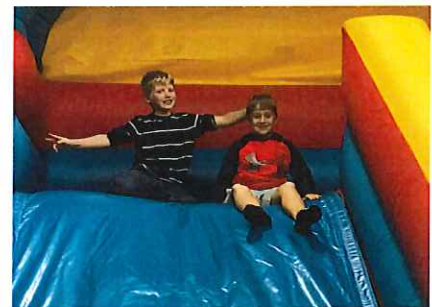
Upcoming Events

Annual Food Drive- Can Goods Only	11/1- 11/12
NO SCHOOL-Teacher Professional Dev./ Election Day	11/5
Veterans Day Concert @ 9:00 am	11/11
Basketball/Cheer Parents Meeting @ 5:30	11/12
Midterm Ends	11/15
Midterm Reports Sent Home	11/20
School Board Meeting @ 6:30 pm	11/21
Kindergarten Feast @ 11:00 am Signed Midterm Reports Due Back	11/22
NO SCHOOL THANKSGIVING BREAK	11-27- 11-29



Chili Supper & Carnival Results

The Chili Supper & Carnival had a great turnout Friday, October 18th. The total amount raised from this event was \$1,485.00. Thank you to the many parents, community members & MS students for volunteering your time to make this event a huge success!



Canned Goods Needed!!!

Spring Bluff students are once again participating in the Chamber of Commerce annual food drive. We will be collecting items through Tuesday, November 12th.

The winning grade level receives bragging rights and a cookie/hot chocolate party!

Veterans Day Concert

Please join us on Monday, November 11th, at 9:00 am for our annual Veterans Day Concert. All K-5 students will be performing along with the middle school band and choir.

Everyone is invited and encouraged to attend this annual concert held as a tribute and in honor of our veterans' service and sacrifice for our country. All in attendance are asked to show their patriotism by dressing in red, white, & blue.



Don't Forget

Daylight Savings Time ends Sunday at 2:00 am.
Set your clock back by one hour.

Ways to Stay Informed this Year:



@springbluffrxv



@springbluffpirates

Website: <http://www.springbluffpirates.com>

Spring Bluff Pirates

Friendly Reminders

Are You Prepared for School Cancellations?

Please be sure the school office has your current contact information in case school is cancelled or released early due to weather conditions. Announcements will be made as early as possible, generally before 6 a.m. A message will be sent through School Messenger as well as the closing posted on the following TV channels: FOX 2, KMOV-4, & KSDK-5, Sullivan Radio Station, KTUI 1560 AM and 102.1 FM. School Messenger calls will show up as the number 844-875-4925 and may be retrieved. Also, if you have an email on file at school, the message will come through email.

Students will be sent to their regular stop in the case of early dismissal unless the school office is notified otherwise. Please do not contact classroom teachers with changes to student arrangements.

Please listen to the radio or television for these announcements and do not call the school or school personnel.

Thank you!

What Season is it?

Our weather is changing and gradually getting colder. Please be sure students are dressed appropriately for colder weather.

Students will go out for recess daily as long as the wind chill is above 25 degrees.

COUNSELOR'S CORNER Diana Wiese
K-8 School Counselor
dwiese@springbluffpirates.com

G I CAN LEARN FROM MY MISTAKES
R I CAN IMPROVE BY WORKING HARD
O I WILL NEVER GIVE UP
W I AM DETERMINED TO DO MY BEST
T SELF-REFLECTION WILL HELP ME SUCCEED
H I CAN OVERCOME CHALLENGES WILL EFFORT
I I CAN TRAIN MY BRAIN

Tips From Title I

Choose Books That Are At An Appropriate Reading Level For Your Child

Use the five finger rule. Open the book to any page and ask your child to read. Put up a finger every time your child does not know a word. If you have put up more than five fingers before the end of the page, this book is too hard for your child to read independently. This will make it harder for them to comprehend the story. For better comprehension with independent reading, stick with text that is at the appropriate level. Your child will enjoy the story and feel successful!



This Week's Attachments

- November Calendar
- Head Start Flyer
- Basketball Game Schedule
- Home & School Connection
- Middle Years

Go Pirates!



Sporting News & Events



Basketball and Cheer Parents

Practices will begin the week of November 4th . All athletes will need a physical and proof of insurance to participate.

Physical Form

Physical forms are now good for two years. If your son or daughter is planning on participating in basketball, cheer, wrestling, or track and field and has a physical from last year it will still be good for this year. **Insurance information will need to be updated annually.** Forms can be found on the district website.

IMPORTANT Meeting

Basketball/Cheer Parent's Meeting will be held on Tuesday, November 12th at 5:30pm. All parents, coaches, and athletes need to be in attendance.

NOVEMBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Annual Food Drive Begins (can goods only) Early Dismissal 2:03p.m.	2
3 Daylight Savings time ends (fall back 1 hour)	4 Open Library 3:15-4:30	5 ELECTION DAY NO SCHOOL/TEACHER PROFESSIONAL DEVELOPMENT	6 TAG (5-6) meeting 3:15-4:30pm Club 26 3:15-4:30p.m	7 TAG (7-8) meeting 3:15-4:30pm Fine Arts Club meeting 3:15-4:15p.m	8 Early Dismissal 2:03p.m.	9 
10 	11 VETERANS DAY CONCERT @ 9:00 a.m Open Library 3:15-4:30 STEAM Club (5th&6th) 3:15-4:45p.m.	12 STEAM Club (7TH) 3:15-4:45p.m Annual Food Drive Ends	13 STEAM Club (8th) 3:15-4:45p.m	14 Fine Arts Club meeting 3:15-4:15p.m	15 MIDTERM ENDS Early Dismissal 2:03p.m.	16
17	18 <i>6B/7G @ Ionedell</i> 5:30pm <i>Away</i> Open Library 3:15-4:30	19 <i>5G/6B/7G/7B Vs. St. Gertrude</i> 5:30pm <i>Home</i> STUCO 3:15-4:30p.m	20 Club 26 3:15-4:30p.m Midterm Reports Sent Home	21 Fine Arts Club meeting 3:15-4:15p.m <i>School Board Meeting @ 6:30p.m</i>	22 <i>KINDERGARTEN FEAST @ 11:00</i> Signed Midterm reports due back Early Dismissal 2:03p.m.	23 <i>4G/4B/5G/5B/6B/7G/7B/8B @ 1C 12:00pm</i> <i>Away</i>
24	25 <i>5G/5B/7B Vs. OLL</i> 5:30pm <i>Home</i>	26	27 No School Thanksgiving Break begins	28 No School 	29 No School 	30



Head Start Safety Event

Come join us for a Safety Event for parents and children.

When: November 18th, 2019

Time: 5:45pm-7:00pm

Place: Sullivan Primary Cafeteria
1132 Elmont Rd.
Sullivan, MO 63080

Parents can learn basic CPR skills, the Heimlich, car seat safety, and get resources from our local first responders.

Children get to meet fireman and police officers, learn how to make a fire escape plan with parents, receive a fingerprint card, and other activities.

A snack will be provided

This event is open to all Head Start participants and P.A.T. participants



Spring Bluff Basketball Schedule 2019-2020

Day	Date	Opponent	Location	Team	Time
Monday	11/18/19	Lonedell	Away	6B/7G	5:30 PM
Tuesday	11/19/19	St. Gertrude	Home	5G/6B/7G/7B	5:30 PM
Saturday	11/23/19	IC	Away	4G/4B/5G/5B/6B/7G/7B/8B	12:00 PM
Monday	11/25/19	OLL	Home	5G/5B/7B	5:30 PM
Mon-Sat	12/2-7/19	Borgia	Away	7B/8B Tourn	TBA
Tuesday	12/3/19	St. George	Home	5B/6B	5:30 PM
Tuesday	12/10/19	St. George	Away	7G/7B/8B	5:30 PM
Thursday	12/12/19	Immanuel Lutheran/Strain Japan	Home	7G/7B	6:00 PM
Friday	12/13/19	Borgia	Home	5B/6B	5:30 PM
Fri-Sat	12/13-14/19	Bourbon	Away	4G Tourn	TBA
Saturday	12/14/19	New Haven	Away	5G Tourn	TBA
Saturday	12/14/19	Cuba	Away	5B Tourn	TBA
Fri-Sun	12/13-15/19	IC	Away	4B Tourn	TBA
Thurs-Sat	12/19-21/19	IC	Away	8B Tourn	TBA
Thurs-Sat	1/2-4/20		Home	4G/5G Tourn	TBA
Fri-Sun	1/3-5/20	Bourbon	Away	4B Tourn	TBA
Fri-Sat	1/3-4/20	St. George	Away	5B/6B Tourn	TBA
Thurs-Sat	1/9-11/20		Home	4B/5B/6B Tourn	TBA
Saturday	1/11/20	Cuba	Away	4G/5G Tourn	TBA
Mon-Sat	1/13-18/20	OLL	Away	8B Tourn	TBA
Mon-Sat	1/13-18/20	Borgia	Away	6B Tourn	TBA
Tuesday	1/14/20	Lonedell	Home	6B/8B	5:30 PM
Thursday	1/16/20	St. Anthony	Away	3B/5G/5B	5:30 PM
Fri-Sat	1/17-18/20	IC	Away	6B Tourn	TBA
Tuesday	1/21/20	St. John	Home	5B/7G/7B	5:30 PM
Thurs-Sat	1/23-25/20	IC	Away	7B Tourn	TBA
Friday	1/24/20	Immanuel Lutheran	Away	6B/8B	6:00 PM
Tuesday	1/28/20	St. Vincent	Away	5G/7G	6:00 PM
Thursday	1/30/20	R-II	Away	4B/5G/8B	5:30 PM
Fri-Sat	1/31-2/1/20	IC	Away	6B Tourn	TBA
Saturday	02/01/20	St. Clair	Away	4G/5G Tourn	TBA
Sat-Sun	2/1-2/20	Washington	Away	4B/5B Tourn	TBA
*Monday	2/3/20	R-II	Home	4B/5G/8B	6:00 PM
Tuesday	2/4/20	Strain Japan	Away	7B	5:30 PM
Mon-Sat	2/3-8/20	Lonedell	Away	8B Tourn	TBA
Mon-Sat	2/3-8/20	St. Gertrude	Away	6B Tourn	TBA
Thursday	2/6-8/20	IC	Away	5B Tourn	TBA
Monday	2/10/20	St. Gertrude	Away	5G/6B/7G/7B	5:30 PM
Tuesday	2/11/20	Borgia	Away	5B/6B/8B	5:30 PM
Saturday	2/15/20	IC	Away	8B Tourn	TBA
Mon-Fri	2/17-21/20	St. Gertrude	Away	8B Tourn	TBA
Thursday	2/20/20	OLL	Away	6B/8B	5:30 PM
Sunday	2/23/20	IC	Home	4G/4B/5G/5B- Small Gym 6B/7G/7B/8B- Big Gym	12:00 PM
Tuesday	2/25/20	St. John	Away	5B/7G/7B	5:30 PM
Thursday	2/27/20	St. Vincent	Home	6B/7B	6:00 PM
Fri-Sat	2/28-29/20	OLL	Away	8B Tourn	TBA

Updated 10/28/2019

*8th Grade Recognition is on Monday, February 3, 2020.

Home & School CONNECTION[®]

Working Together for School Success

November 2019

Spring Bluff R-XV School
Mrs. Jeannie Jenkins, Superintendent

SHORT NOTES



Promises matter

Before you promise your child something—for instance, that you'll take him to the playground—make sure you'll be able to follow through. This teaches him that he can count on you, and he'll learn to keep promises, too. *Tip:* If needed, include contingencies. (“We'll go as long as it's not raining.”)

Speak up about allergies

Family gatherings are good opportunities for your youngster to speak up about food allergies, whether she has one herself or is being considerate of others. She might ask the host if a casserole contains eggs or tell a cousin who's allergic to dairy that there's milk in the mashed potatoes.

Boost working memory

This activity improves your child's working (or short-term) memory. Have him close his eyes while you draw three emojis (cupcake, sun, leaf). Let him study the paper for five seconds, flip it over, and try to name the emojis. Repeat the activity, adding one more each time. How many can he remember?

Worth quoting

“When you see someone without a smile, give them one of yours.”
Zig Ziglar

JUST FOR FUN

Q: What's black and white and black and white and black and white?

A: A penguin rolling down a hill.



An atmosphere of learning

When families create a supportive learning environment at home, children are more successful in the classroom. Use these tips to make your home a great place for your youngster to learn.

Stock up

Fill your house with items your child can use to explore and investigate. Visit the library regularly so you always have plenty of books. Have her set aside a drawer for math and science supplies (ruler, measuring cups and spoons, food coloring, seeds). Also, display a map or globe—when she reads or hears about a place, she can discover where it's located.

Build on interests

Notice what your youngster is into, such as dinosaurs or music, and help her learn more about it. Read nonfiction books or watch documentaries together. Let her make a hallway gallery based on her interests. She could create and hang up posters to share interesting facts and photos with family members.



Learn together

Learn something new as a family. You might work on American Sign Language and then practice together. Or learn to code or knit. You'll enjoy a new hobby as you expand your knowledge. Also, plan special nights where you play board games. Try ones that build language skills (Scrabble, Boggle) or involve math or logic (Monopoly, chess).♥

I'm thankful for...

What is your family grateful for? Try this idea to find out—and teach your child about gratitude.

Pick categories. Choose six crayons, and assign each color a category. *Example:* red = person, blue = place, green = object, yellow = food, orange = animal, purple = your choice. Place the crayons in a bowl, and give each person a sheet of paper.

Draw and write. Take turns selecting a crayon, drawing a heart on your paper, and writing something you're grateful for that matches the category. Your youngster might write “My Aunt Amy” in red and “Macaroni and cheese” in yellow.

Share. Once everyone has a heart of every color, read what's in your “hearts” to each other. Display the papers for a nice reminder to be grateful all year long!♥

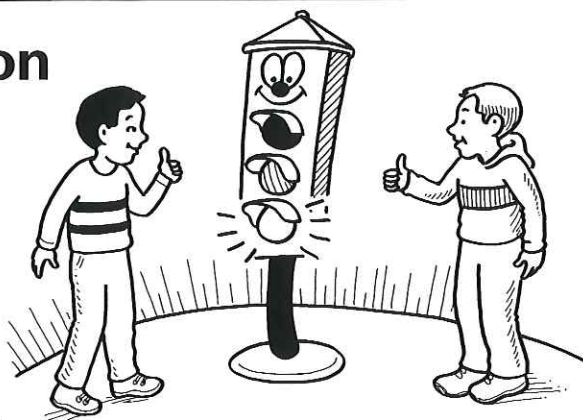


Conflict resolution know-how

Healthy conflict resolution skills help your child maintain friendships, solve problems, and stand up for himself in positive ways. Share these strategies.

Red light! Green light!

Problems are easier to solve when your youngster is calm. Suggest that he think of a feeling like anger or frustration as a “red light”—a signal to stop and think. Say he and a friend are arguing over the topic for their group



presentation. He might take a few deep breaths or walk away for a little while. Once he calms down (the light turns green), he may be ready to think of a solution, such as combining their ideas to create a whole new topic.

“I” statements

When your child is trying to resolve a conflict, suggest that he start each statement with “I” instead of “you.” *Example:* “I get angry when I’m yelled at” rather than “You make me angry.” He’ll put the focus on his own feelings rather than blaming the other person—which can keep the conflict from escalating.♥

Q & A Attend parent-teacher conferences

Q: My son usually gets good grades and isn’t having any problems in school. Do I still need to go to a parent-teacher conference?

A: Yes! A conference lets you and your child’s teacher exchange information beyond what’s on his report card. Plus, meeting with the teacher is one way to keep the lines of communication open.

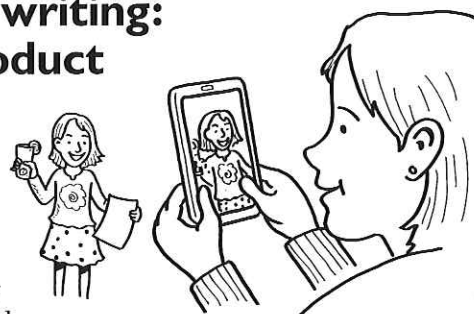


The teacher will talk about your son’s strengths and areas for improvement. For instance, he might say he has good work habits but could participate more in class. And you may get to see his writer’s notebook or science journal. You’ll also learn how he’s doing socially—does he get along well with others?

Finally, ask the teacher what you can do at home to support your son.♥

ACTIVITY CORNER Persuasive writing: Buy my product

Could your child convince someone to buy a rock? What about an ice cube? This silly family activity lets her practice persuasive writing by creating a commercial for an unlikely “product.”



- 1. Decide what to sell.** Ask each family member to think of something you probably wouldn’t buy in real life, such as an empty cardboard box, a snowball, or a brick.
- 2. Write a script.** Each person should make up a commercial advertising her product. Include a vivid description of your item and convincing reasons to buy it. *Example:* “Introducing our smooth, perfectly square ice cube! Just this single cube will keep your small glass of lemonade nice and cool—without watering it down.”
- 3. Present your ads.** Take turns performing your commercials in your best TV-announcer voice. The advertisement voted most persuasive wins!♥

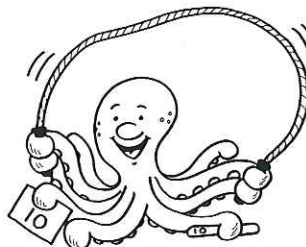
PARENT TO PARENT Mix math with fitness

When my daughter Elizabeth was working on addition facts, we invented a game to help her practice—and to give all of us some exercise.

She wrote the numbers 1–10 on separate index cards, and I hid them around our yard. Then, she wrote the same numbers on separate craft sticks and put the sticks (number ends down) in a cup. We took turns drawing a stick, running to find any number card, and

adding the two numbers to get our score for that turn. So if Elizabeth drew the 10 stick and got a 6 card, her score would be 16, since $10 + 6 = 16$. The winner was the person with the highest score after all the sticks were used.

Our game has grown with Elizabeth. Once she mastered basic addition facts, we wrote bigger numbers to play with. And now that she’s learning multiplication, we multiply to get our score.♥



OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Middle Years

Working Together for School Success



Short Stops

Asking about school

It may take a little creativity to get your tween talking about school. Instead of asking "How was school?" try "What made you laugh today?" or "What was the most interesting thing a teacher said?" *Idea:* Share something about your day first. Your child may be more likely to open up.

Eat your fruits and veggies

Encourage your middle grader to get more fruits and vegetables with her cafeteria lunch. She might add salad bar veggies like lettuce and tomato to her burger or chicken sandwich. And for a healthy dessert, she could dip fresh fruit like apple slices or pineapple chunks into yogurt.

DID YOU KNOW?

Checking your tween's grades online helps you know how he's doing. However, it's important to keep in mind that grades aren't always updated every day. If you notice a low grade or a missing assignment, ask your child about it. He might have a reasonable explanation, or it's possible his teacher hasn't entered everything yet.

Worth quoting

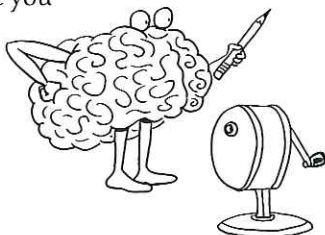
"Remember that happiness is a way of travel, not a destination."

Roy M. Goodman

Just for fun

Q: What gets sharper the more you use it?

A: Your brain.



Tweens: A shifting relationship

Watching your child grow into an adolescent can be fun. You get a peek at his future adult self as his interests, opinions, and sense of humor develop. It may also be confusing, though, as he becomes more independent. Try these strategies for maintaining a strong relationship.

Allow some space

Does your tween prefer to hang out with friends rather than with you? Does he often hole up in his room? Those behaviors are normal. Stay connected by making some family activities, such as weekend outings or dinners, non-negotiable. Also, be sure to spend time chatting with him each day. He'll find it comforting to know you're there.

Find the positives

When your middle grader is moody, think about what you enjoy about him, such as his sense of humor or his compassion for animals. Try framing his



negative behaviors as positives. For instance, his ability to argue could be seen as a knack for debate. Or his insistence on doing things his way shows he's thinking for himself.

Avoid comparisons

Focus on who your child is instead of comparing him to yourself at his age or to other tweens. Perhaps you played sports in middle school but he wants to build robots and join the environment club. Show interest in his activities, and ask questions to learn more about them. ("What can your robot do?" "How was the watershed cleanup?") 👍

Effort = results

The better your middle grader understands that hard work contributes to success, the more likely she is to put in effort. Help her see the connection with these suggestions.

■ **Focus on her actions.** Rather than saying what a great writer your child is, you might point out that all the time she spent editing her essay made it better. She'll learn that she has control over the results she gets.

■ **Encourage persistence.** When your tween faces a setback, recommend that she make adjustments rather than give up. Say she receives a lower-than-expected score on a civics quiz. She could set aside more time to study for the next quiz. 👍



Hooked on a book

Reading for pleasure will build your tween's background knowledge and vocabulary. Inspire her to read more with these ideas.

Make reading a priority. When your family sits around in the evening, have each person read silently instead of watching TV. Visit the library regularly so you always have books in your home. Talk to your child about what you're reading, and ask about her book.



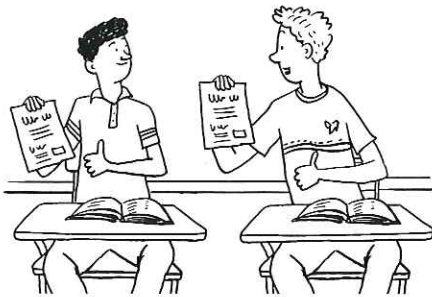
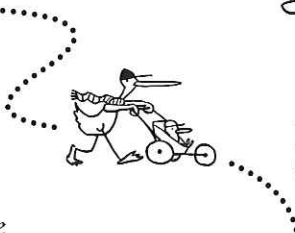
Read about authors. If your middle grader likes particular books, she could visit authors' websites to learn more about them. She might search the internet to find interviews with the authors and reviews of their other books—and discover something new to read.

Take material along. Reading a few minutes here and there adds up. Your teen could plan ahead by packing a book everywhere she goes! That way, she can read on the subway, in the dentist's office, or while waiting for her ride home. Suggest that she grab a magazine for her purse, keep a novel in her backpack, or download an e-book so she always has something to read. 👍

Q & A

Think first

Q My son sometimes makes decisions without thinking them through. How can I teach him not to make impulsive decisions?



A Your tween's brain is still developing—especially the part of it that controls decision making.

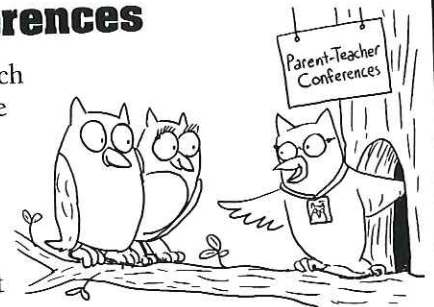
Let him know that to make good choices, he needs to consider the facts. For example, maybe he needs to pick partners for a group project. His first instinct may be to work with his best friend. But encourage him to think about who has good work habits and won't leave him doing all the work.

Also, give him experience making everyday decisions like picking out gifts for relatives or choosing the film for family movie night. For instance, rather than picking the first gift that looks cool, he should consider your family's budget and each relative's interest. 👍

Make the most of conferences

Use fall parent-teacher conferences to touch base with teachers early in the year and share information to support your middle grader's learning. Consider these tips:

- Get your child's input. Ask if there's anything specific he'd like you to bring up. He may want a teacher to know he feels hesitant about raising his hand in class, for instance.
- Ask about your tween's strengths as well as areas where he could improve. Maybe you'll find out that he loves helping other students but needs to manage his time better in class. Also, get advice on how you can support him at home.
- Point out what you notice at home. Perhaps he's enjoying a math game the teacher recommended, or maybe he's struggling with a science project. This gives teachers useful information for challenging and assisting your child. 👍



Parent to Parent

Empathy can prevent bullying

My sister's son was being bullied in school. Thankfully, she worked with the counselor and the situation was resolved—and my sister learned something interesting that she shared with me.

The counselor told my sister that empathy is an antidote to bullying. He said when kids really understand and care about how others feel, they're far less likely to bully. That got me thinking about ways I could approach the subject with my daughter Dara.

When she mentioned that a classmate's parent was sick, I encouraged her to call the girl regularly and perhaps even send a card or cookies.

I also try to show empathy for Dara if she's upset about something, rather than saying, "You'll be fine." When a boy she liked didn't feel the same way about her, I related a similar experience I had in middle school.

I'm hopeful that our focus on empathy will help Dara be kind toward others and never participate in bullying. 👍



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